



# Player Welfare & Support Policy

This policy reflects the club's approved  
Player Welfare and Support Policy (Internal Version)

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**Issue: 1**

**Issue Date: November 2025**

**Review Date: November 2026**

**Responsible: Hitchin Netball Club Committee**

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## Purpose

Hitchin Netball Club is committed to the wellbeing of all players, both on and off the court. We recognise that injuries, illness, or personal challenges can affect a player's connection with the team, and we aim to ensure every member feels valued and supported.

## Policy Statement

Hitchin Netball Club is committed to providing a safe, supportive, and inclusive environment that promotes the wellbeing of all players.

## Scope

This policy applies to all players, coaches, and committee members. It covers support provided to players experiencing injuries, illness, personal challenges, or extended absences from training and matches.

## Support Offered

The club provides a supportive environment to help players stay connected to the team:

- Regular check-ins from coaches or staff
- Gestures to maintain team connection
- Signposting to appropriate external wellbeing resources

All support is delivered respectfully, inclusively, and tailored to the age and needs of each player.

## Roles & Responsibilities

- Coaches & Volunteers: Monitor players' wellbeing, provide support, and maintain connection with the team.
- Safeguarding Team: Provide confidential support, guidance, and referrals to external resources.
- Committee: Oversees policy implementation and ensures support is fair, consistent, and compassionate.

## Confidentiality

All wellbeing support is recorded **confidentially and securely**, accessible only to authorised staff, and managed in accordance with data protection and safeguarding procedures.

## Emotional and Mental Wellbeing

Players can access confidential support through the Safeguarding Team, which also provides guidance and signposting to external organisations to ensure appropriate emotional and mental wellbeing support.

## Review

This policy is reviewed annually, or following significant incidents, to ensure it remains effective, fair, and aligned with best practice.

## Related Policies & Resources

Player Attendance & Refund Policy

Safeguarding Policy Statement

Mental Health and Wellbeing Guidance:

<https://www.hitchinnetballclub.co.uk/safeguarding>