



Player Welfare & Support Policy

This policy reflects the club's approved Player Welfare and Support Policy (Internal Version)

Issue: 1**Issue Date: November 2025****Review Date: November 2026****Responsible: Hitchin Netball Club Committee**

Purpose

Hitchin Netball Club is committed to the wellbeing of all players, both on and off the court. We recognise that injuries, illness, or personal challenges can affect a player's connection with the team, and we aim to ensure every member feels valued and supported.

Policy Statement

Hitchin Netball Club is committed to providing a safe, supportive, and inclusive environment that promotes the wellbeing of all players.

Scope

This policy applies to all players, coaches, and committee members. It covers support provided to players experiencing injuries, illness, personal challenges, or extended absences from training and matches.

Support Offered

The club provides a supportive environment to help players stay connected to the team:

- Regular check-ins from coaches or staff
- Gestures to maintain team connection
- Signposting to appropriate external wellbeing resources

All support is delivered respectfully, inclusively, and tailored to the age and needs of each player.

Roles & Responsibilities

- Coaches & Volunteers: Monitor players' wellbeing, provide support, and maintain connection with the team.
- Safeguarding Team: Provide confidential support, guidance, and referrals to external resources.
- Committee: Oversees policy implementation and ensures support is fair, consistent, and compassionate.

Confidentiality

All wellbeing support is recorded **confidentially and securely**, accessible only to authorised staff, and managed in accordance with data protection and safeguarding procedures.

Emotional and Mental Wellbeing

Players can access confidential support through the Safeguarding Team, which also provides guidance and signposting to external organisations to ensure appropriate emotional and mental wellbeing support.

Review

This policy is reviewed annually, or following significant incidents, to ensure it remains effective, fair, and aligned with best practice.

Related Policies & Resources

Player Attendance & Refund Policy

Safeguarding Policy Statement

Mental Health and Wellbeing Guidance:

<https://www.hitchinnetballclub.co.uk/safeguarding>